Assessing Quality in Telehealth Technology

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Garret Spargo

Director of Product Development Alaska Native Tribal Health Consortium







Alaska Tribal Health System

Voluntary affiliation of 30 Alaskan tribes and tribal organizations providing health services to Alaska Natives/American Indians (~158,000 beneficiaries)

Each is autonomous and serves a specific geographical area

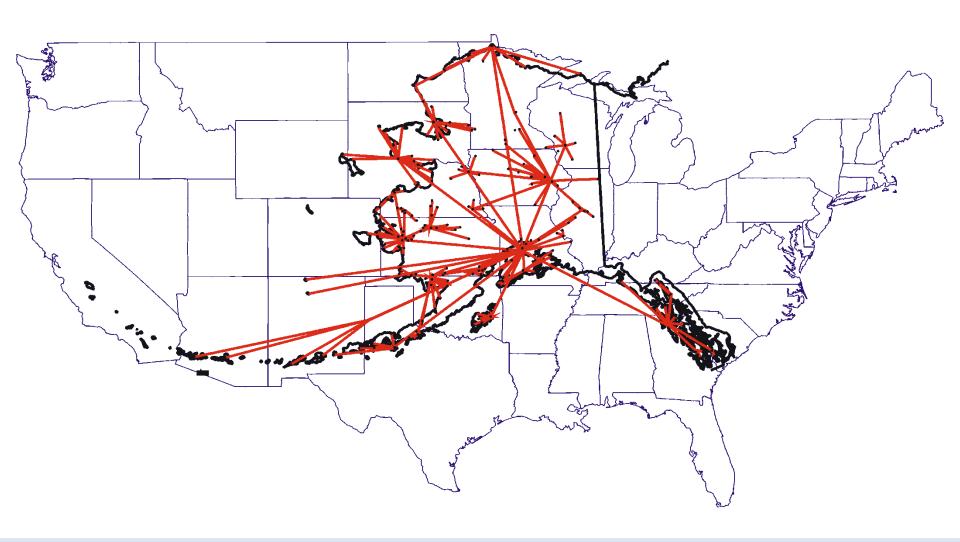
Medical Care Service Levels

- Alaska Native Medical
 Center tertiary care
- 6 regional hospitals
- 4 multi-physician health centers
- 25 subregional mid-level care centers
- 180 small community primary care centers



THE ALASKA NATIVE HEALTH CARE SYSTEM REFERRAL PATTERN

Same Scale Comparison - Alaska Area to Lower 48 States



ANTHC Services

- Alaska Native Medical Center
- Environmental Health and Engineering
- Community Health Services
- Epidemiology Center
- Health Aide Programs
- Telehealth Development



Telemedicine in the ATHS A Brief History

- 1996 Alaska Telemedicine Testbed Project
 - "Progress was stalled in getting equipment to the villages, physicians and health aides were slow to begin using the equipment, and in many locations the connectivity could not support the transfer of images."
 - Eventual success demonstrated the value of telehealth
- '96 Alaska Federal Health Care Partnership
 - DOD, VA, USCG, IHS, PHN collaborative group
- '99 Alaska Federal Health Care Access Network
 - \$30.68M, 4-year project to reach 200 sites

Telehealth Technology Assessment Center

- 2009 Interagency Agreement
 - Create toolkits
 - Support TRCs
- 2012 National Telehealth Resource Center
 - Same as above, plus nationwide support
- 2016 One-Year Continuation
 - Same as above, plus development of new types of content (short-form videos)
- 2017 Cooperative Agreement
 - To be determined ...



National Telehealth Technology Assessment Resource Center

Home

Toolkits

Events

User Reviews

Media

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Innovation Watch

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Media: Digital Cameras DSLR Toolkit

Anatomy

Education

Equipment

Illustrations

Patient Exam Cameras

Software

Toolkits

TRC Activities

User Reviews

Videos

Featured Photos







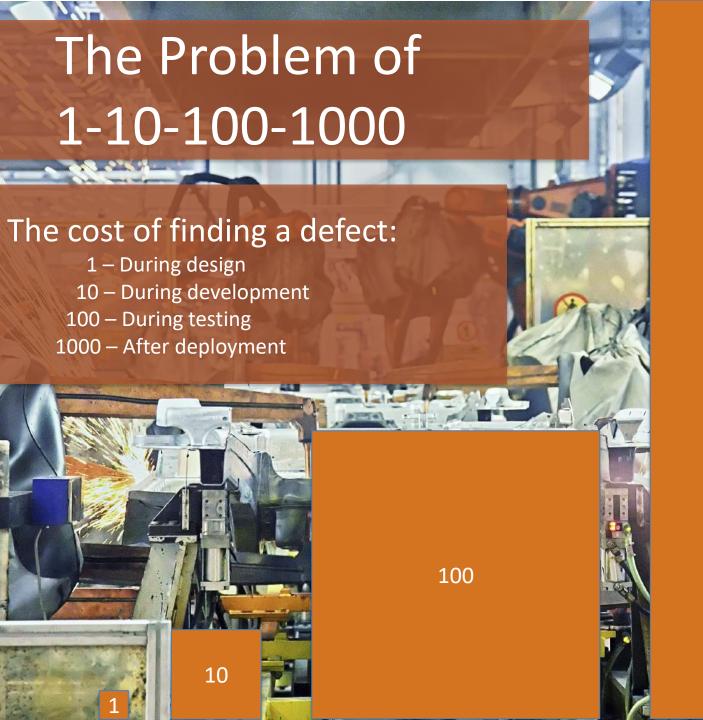






Assessment Process Overview

- Establish Requirements
- Review the Market
- Procure the Devices
- Plan the Tests
- Test the Plan
- Select a Device
- Deploy and Support



The Problem of 1-10-100-1000

The cost of the wrong technology:

1 – During planning

10 – During assessment

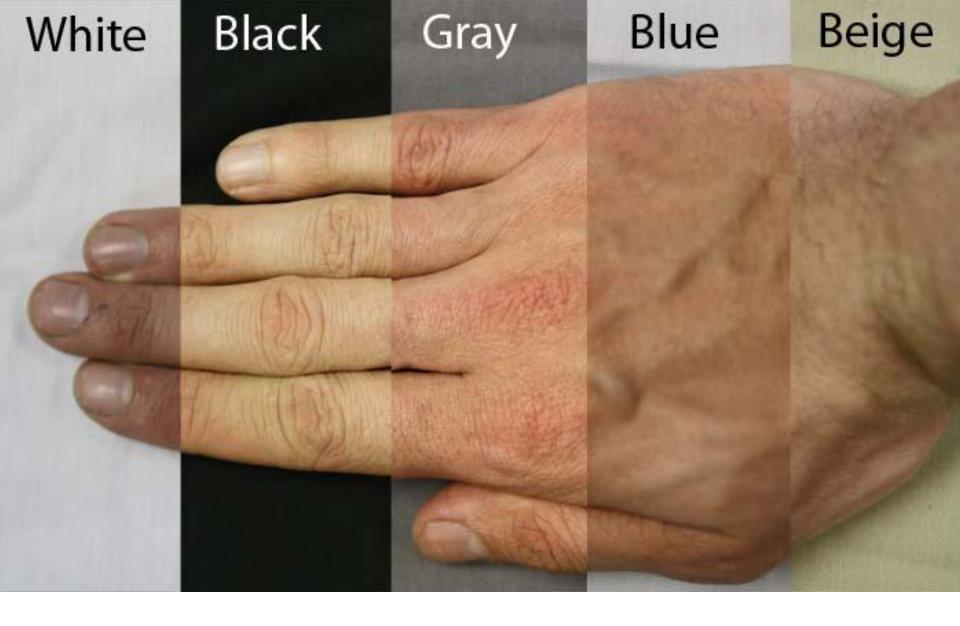
100 – During staging

1000 – After deployment

1000

100





Establish Requirements

- Gather input from all stakeholders
- Create shared meaning around the requirements
- Think through a wide range of requirement types:
 - Functionality
 - Portability
 - Interoperability of Interfaces
 - Interoperability of Data
 - Usability

If this is all you do, you will be ahead of those who just head to the market immediately.

Review the Market

- Use online resources Google, Bing, Amazon, etc.
- Phone a friend TRCs, OAT Grantees, TTAC
- Talk to organizations that have existing programs
- Contact manufacturers and vendors

If you find yourself doing this before you have a firm grasp on requirements, go back a step.

Procure the Devices

- Manufacturers and vendors can be very useful
 - Loaners are a great thing!
- Buy and borrow what you need
- Keep it all organized
- Try to get devices in at the same time

Your budget and time may not allow this – consider finding a way to get access to the devices at a store, conference, or from another telehealth program.

Plan the Test

Quantify your requirements

INNOVATE

- Develop methods to test against the requirements
- Planning and testing can be iterative

This does not need to be an all-inclusive, massive test suite – determine what you are really looking for with these tests.

Test the Plan

- Test independently or in a group setting
 - Independent tests can prevent "group think"
 - Collaboration can foster new discussions
- Document EVERYTHING
- Be consistent
- Update the test as needed

Have the right people involved at the right time – you can save a lot of frustration and repeated (or unnecessary) effort if the equipment is evaluated by the correct people.

Select a Device

- Get the reviewers together
- Discuss the scores clarify discrepancies
- Consider bringing in the initial requirements team
- Be prepared for a second review of top devices
- Make a decision and share your results

This will happen regardless of how many of the previous steps you have taken – your exact process here will vary depending on your other efforts.

Deploy and Support

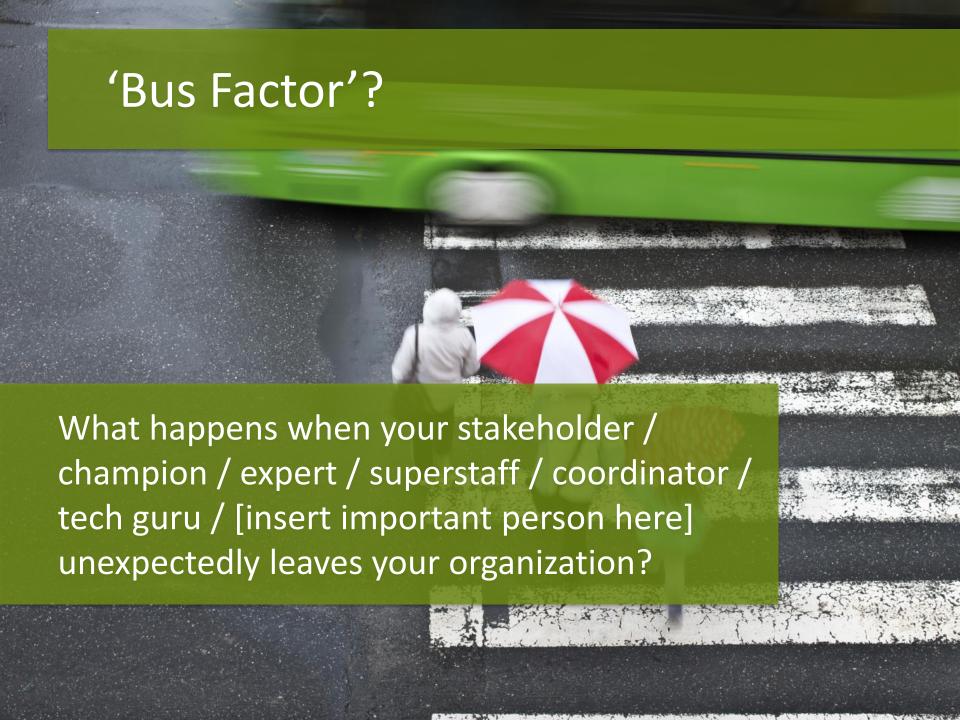
- Device Staging
- Configurations
- Spares
- Warranties

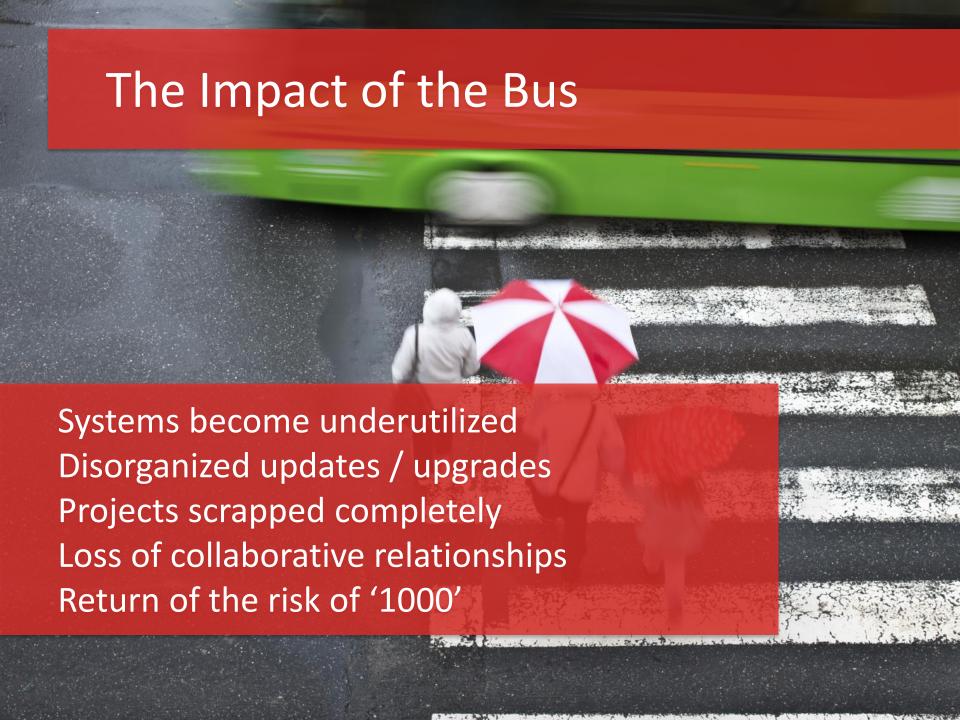
- Customer Support
- Troubleshooting
- Training
- Replacing Equipment

This requires its own plan, process, and work that will likely be somewhat unique to each technology, organization, and deployment size.

Leverage Resources & Build Capacity

People may have the skills you want
Skills may exist that you don't know you want
Increase organizational capacity
Reduce your 'bus factor'







Initial 20 Findings Analysis Overview

Security

Privacy

Breach



The questions is not if you will have a breach, but more so when.

Linda Sanches, Sr. Advisor, Health Information Policy
Department of HHS



OCR

Breaches

- 1896 breaches impacting 173,794,309 individuals since October 2009
- Did you know that there were breaches of:
 - 80,270 at Washington University School of Medicine last week
 - 279,663 at Urology, Austin, PLLC two weeks ago
 - Nearly 700K at Commonwealth Health Corporation in Kentucky a month ago?
- Ever since Anthem (78,800,000) and Premera (11,000,000) and Excellus (10,000,000), our sense of scales shifted

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|---------------------------|-------------|----------------------------|---------------------|---------|-----------------------------|
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| myspace | 359,420,698 | MySpace accounts | Mach Hat (1) or (2) | 777,387 | Black Hat World accounts |
| M S NETEASE | 234,842,089 | NetEase accounts ? | ANDRODFORMS | 745,355 | Android Forums accounts |
| in | 164,611,595 | LinkedIn accounts | WLOSTAR | 738,556 | WildStar accounts |
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| NETPROSPEX | 33,698,126 | NetProspex accounts 🔾 | | | Battlefield Heroes accounts |



