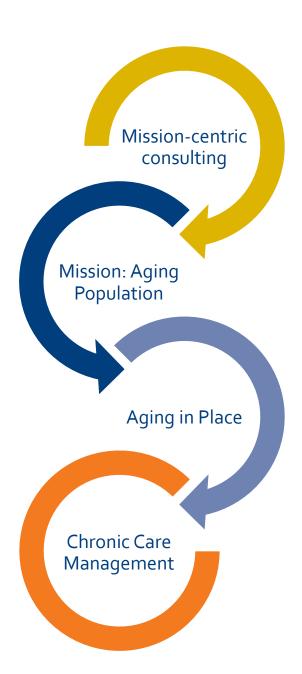
In Scope Health

SUCCESS STORIES: New Care Models

Janelle Ashe Senior Director of Care Delivery InScope Health



## **Corporate Overview**

#### **Our Vision :**

Bring the future of healthcare into focus by uniting providers, processes, and technologies to deploy highly effective yet cost-efficient care to patients



#### **Strategic Partners**

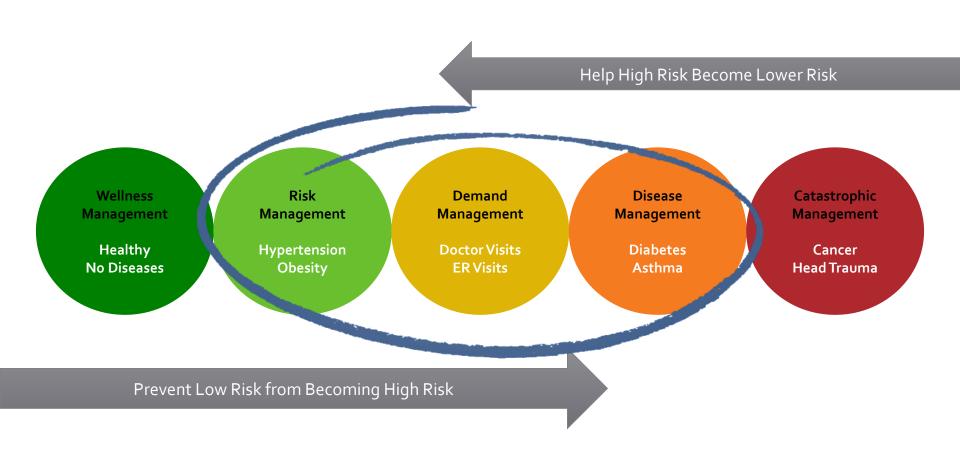








# Chronic Care Management



InScope Health

## **Remote Patient Monitoring**

#### Remote Patient Monitoring: A Chronic Care System where "High Touch" meets "High Tech"



Claims are analyzed to identify suitable patients

9

Patients and medical providers are trained on system



Patients measure and track health data



Patient health data sent securely to RPM nurses



Health trends are displayed on a user-friendly dashboard

Regular review of health trends provide teachable moments

Alerts are escalated to the medical provider



Patients modify their

behavior and take

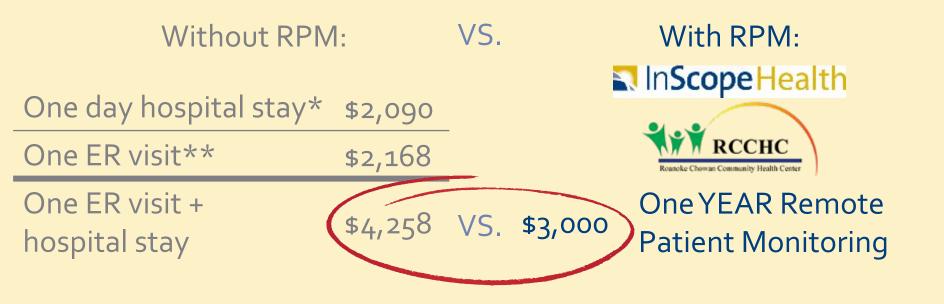
ownership of their health

Medical Providers review health data and make real time adjustments in care



# **ROI for RPM**

RPM delivers a staggering ROI for each individual with chronic disease:



One **year** of RPM pays for itself when saving one **<u>night</u>** in the ER.



### Traditional Settings for RPM FQHC

64 Participants	Pre RPM	During RPM	Post RPM
	6 Months Prior to RPM	6 Months During RPM	Proven Long-term Results Over 3 Years
Hospital Bed Days	199	99	83% Reduction
ED Visits	27	5	79% Reduction
Hospital and ED Charges	\$1.34M	\$382K	87% Decrease

The RCCHC study was validated by the Wake Forest School of Medicine, and demonstrates that Remote Patient Monitoring influences patient behavior which leads to persistent health benefits and cost containment.

#### InScope Health

### Traditional Settings for RPM Rural CHC

### Central Oregon Telehealth Network (COTN)

- Medical home teams to rapidly enhance the efficacy of its Patient-Centered Medical Home (PCMH)
- After 6 months:



4% reduction in BP Readings greater than 140/90 verage Weight Loss: 5.1lbs % reduction in A1C 4% reduction in LDL



### New Settings for RPM Self-Insured Enterprises

### National Trucking Company

#### Clinical Outcomes

- **8%** : Reduction in A1c Levels
- **4.2%** : Average BP Systolic Reduction
- **3.1%** : Average BP Diastolic Reduction
- **100%** : Final PAM Score <sub>3</sub> or Higher

#### National Restaurant Chain

#### Cost/Compliance Outcomes

- **83%** : Cost Savings during RPM
- **12%** : Additional Savings 3-months Post-RPM
- **80%** : Participant Compliance
- **13%** : Increase in PAM Activation Scores





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# THANKYOU

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